

LDN PHYSIO: Senior MSK & Sports Physiotherapist

Position: Part-time and full-time role : Permanent. Between 30-40 hours per week. Salary based on 37.5 hours pro rata.

Locations: Across sites between Hackney Central, Shoreditch and Kentish Town

New locations TBC

- Expected income between £42-52k per annum with incremental yearly pay increase
- Commission based on diary clinical-contact / utilisation
- Private healthcare cover
- Monthly CPD
- CPD allowance of £500-1000/year
- 25 days paid holiday per year (+ bank holidays)
- Employer pension contribution - SMART scheme pensions: defined contribution pension
- LDN PHYSIO away days
- Opportunity to develop as a sports-MSK Physiotherapy for those with the career ambitions to move towards elite sports rehab
- M level teaching, mentoring and career development
- Free gym membership with optional well-being benefits
- Free access to local F45 exercise classes
- Well-being and formal psychological support service, including employer support
- Private healthcare includes Dental and Optometrist cover
- Discount in partnership with local retail and markets

LDN PHYSIO are actively looking for a Specialist MSK Physiotherapists to join our growing team across the North and East of London. We encourage applicants to apply directly to jonny@ldnphysio.co.uk with a up to date CV including 2 references. The interview process for these positions will be conducted in 2 parts; initially via Zoom then to an in-person clinical interview. Dates for interview are TBC.

LDN PHYSIO primarily deliver MSK Physiotherapy to aspiring and recreational sportspersons and athletes across a wide range of sports. There is also the opportunity for post-operative rehabilitation and a wide range of other MSK injuries. LDN receive direct referrals from Orthopaedics, Rheumatology and Sports Clinics as well as self-referrals and from corporate health

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benefits schemes. There are ongoing links with sports clubs to assist in the development of young aspiring athletes and to rehabilitate those suffering injuries.

LDN PHYSIO also offer a wider range of services including personal training, sports massage, acupuncture and nutrition and we combine these services in clinics such as 'Body MOTs', 'Running Clinic' and individualised health and well-being services. LDN PHYSIO have developed one of the only specialist MDT clinics in the country for *Relative energy deficiency in Sport (RED-S)* where we use the skills of specialists Physiotherapist, Sports Psychology, nutritionists and Sports Medicine Consultant with a specialist interest and skill set in managing the disorder.

Our team ethos and way of working will ensure that you are supported to develop into more senior roles within the team.

Essential skills and experience:

- *HCPC registered with evidence of ongoing CPD development*
- *Currently working in MSK Physiotherapy role; desire sports Physiotherapy experience*
- *Minimum 2 years post-graduate MSK experience in NHS setting, or equivalent*
- *Proportion of experience in GP referrals setting*
- *Clinical experience treating post-surgical rehabilitation to return to sports*

You must be able to demonstrate:

- Excellent assessment and clinical reasoning skills across a range of complex conditions with additional experience in sports and sport related injuries
- Autonomous management of a caseload of patients including musculoskeletal, orthopaedic and general health conditions
- Highly developed differential diagnostic skills to ensure patients are managed safely, efficiently and effectively. Our primary goal at LDN PHYSIO is safe and efficient recovery from injury and developing long-term management plans.
- Excellent, empathetic and adaptable communication skills with a variety of people, conditions and within demanding situations will be an asset.
- Ability to direct the care pathway for your patients autonomously, including assessment and diagnostics, provision of diagnosis, appropriate self-care advice or onward referral as indicated.
- Familiar with the IRMeR, when and which diagnostics are suitable and will be confident in explaining their use and implications to patients.

- Desire to become involved in the non-clinical aspect of the business would be a great quality for this role. With our expanding clinic locations there is potential opportunity to co-manage a clinic location.
- Ability to adapt your consultations to online platforms specifically being able to establish clear treatment plans based on a hypothesised diagnosis.
- Structured and advanced in-service training program – this will be offered on an ad hoc basis to all staff. Attendance of this is non-compulsory but the opportunity to develop teaching skills will be available.
- Regular formal/Informal supervision to monitor and help you achieve your goals and aspirations within LDN PHYSIO.

Qualification and needs to start post:

- BSc or MSc in Physiotherapy
- HCPC registered. Current CSP member which includes PLI insurance. If you have another insurer, then please contact the team prior to applying.
- Visa / government allowance to work in the UK as a practicing Physiotherapist.
- Clear DBS (enhanced) check – we do not discriminate against previous convictions or warnings and these will be discussed case-by-case. Please feel confident to discuss this confidentially with one of our Directors before or after a successful interview.
- Physically fit and no known personal contraindications to exercise. Although we do not exclude those with medical conditions or are discriminatory towards anyone with physical, mental or other health conditions we must ensure our staff are able to safely carry out the duties set before them, including participating in a variety of exercise sessions with your clients. Adaptations will always be made on an individual basis to ensure the safety of staff and clients. Please feel confident to discuss this confidentially with one of our Directors before or after a successful interview.

Please contact Jonny Sumner (Clinical Director) via jonny@ldnphysio.co.uk for further information or to apply directly to the team. Each CV will be considered and feedback provided.